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Better Living
Home, Garden
& Lifestyle **Show**

MARCH 23-25, 2012
PORTLAND EXPO CENTER

DARYL HANNAH TO HEADLINE THE BETTER LIVING SHOW AT THE PORTLAND EXPO CENTER, MARCH 23-25

Actress and Environmentalist to Speak at the Northwest's Largest Sustainable Lifestyle Show

PORTLAND, Ore. – Oct. 24, 2011 – The fifth annual [Better Living Show](#) returns to the Portland Expo Center Friday, March 23 through Sunday, March 25, 2012. This free, three-day festival, designed to empower attendees to become more thoughtful consumers, features more than 300 exhibiting companies, showing off the best in high-performance, eco-friendly products and services for every aspect of living a better life. Bike enthusiasts can also check out Pedal Nation, Oregon's largest bike show, happening next-door, both Friday and Saturday.

The 2012 Better Living Show welcomes two celebrities, including environmentalist and actress, [Daryl Hannah](#) and "Adrenaline Hunter" star, [Bethy Rossos](#). Daryl Hannah, most widely known for her acting roles in hit films like *Splash* and *Kill Bill* will speak out on her longtime commitment as an environmental advocate and her passion for living a low-impact life. Bethy Rossos, winner of the televised reality show, "Wanted II: Adventure Woman" and now, star of her own Comcast reality series, "The Adrenaline Hunter," comes to the show for an exclusive cooking demonstration, showing attendees how to use local ingredients.

In addition to the show's two green advocates, the 2012 Better Living Show is packed with information, exhibits and entertainment for the whole family, including hundreds of exhibitors and speakers in the home, garden, food, beverage, fashion, transportation, renewable energy, conservation, and natural healthcare industries. Features include:

- **Semper Fashion Eco Fashion Shows** – Sustainable fashion takes stage, showing off the latest in eco fashion and beauty. [Lizzie Parker](#), a nationally-recognized Seattle designer, will lead a discussion on The Evolution of Eco Fashion.
- **NW Natural Blue Home** – Displaying the best in energy saving materials and appliances for new or remodeled homes, The Blue Home is a one-stop-shop for the latest in green home technology and comfort.
- **Natural Health Pavilion** – New to the show, the Natural Health Pavilion, sponsored by Natural Awakenings Portland and The Portland Clinic, brings together a number of area health experts and disciplines under one roof, offering a comprehensive understanding of natural, contemporary and ancient healing.

Many of the most [popular vendors](#) and features from last year's show will be on-hand again in 2012 such as PGE's Electric Avenue, the Planet Kids area, Vegan Village, Energy Trust's Good Energy Pavilion, and food and wine sampling.

Visit www.betterlivingshow.org for show information.

About the Better Living Show

Free to the public, the Better Living Show, the Northwest's largest sustainable lifestyle show, takes place Friday, March 23 from noon – 9 p.m.; Saturday, March 24 from 11 a.m. – 9 p.m.; and Sunday, March 25 from 11 a.m. – 5 p.m. at the Portland Expo Center. The Better Living Show is part of the National Home and Garden Show Series presented by DISH Network. Official show sponsors include Energy Trust of Oregon, NW Natural, Portland General Electric, Oregon State University, The Portland Clinic, and Food Services of America.

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