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**NEW VEG VILLAGE FEATURES VEGAN LIFESTYLE OPTIONS AND DEMONSTRATIONS AT THE  
2010 ENERGY TRUST BETTER LIVING SHOW**

*Key vegan chefs, educators, business owners and non-profit organizations showcase and demonstrate  
how to live a healthy vegan life March 26-28, 2010*

**PORTLAND, Ore.**—Jan. 11, 2010—This year, the Energy Trust Better Living Show debuts the Veg Village, a new vegan-inspired line-up of cooking demonstrations, samplings, tips and products, at the third annual show, March 26-28 at the Portland Expo Center. The new Veg Village combines the popular NW Natural Kitchen Stage's Vegan Chef cooking series with a community of vendors and demonstrators showcasing the best in vegan and organic living.

Health-aware, vegetarian and vegan enthusiasts alike will find inspiration in everything from books, household items, clothing and food. Guests will also learn how delicious nutritious food can be and discover new ways to prepare flavorful dishes from demonstrations by popular vegan chefs on the NW Natural Kitchen Stage.

"We really like to introduce folks to the healthy and far-reaching benefits of eating organic and living green," explains Donna Benjamin, Veg Village Project Manager. "The Better Living Show is one of the best sustainable living shows we've ever seen and we are honored to be part of it."

For more information about the Better Living Show, Veg Village and the NW Natural Kitchen Stage's cooking demonstrations and featured chefs, please visit [www.betterlivingshow.org](http://www.betterlivingshow.org).

**About The Energy Trust Better Living Home, Garden & Lifestyle Show**

Free and open to the public, The Energy Trust Better Living Show, the Northwest's largest sustainable lifestyle show, takes place Friday, March 26 from noon – 9 p.m.; Saturday, March 27 from 11 a.m. – 9 p.m.; and Sunday, March 28 from 11 a.m. – 5 p.m. at the Portland Expo Center. The Better Living Show is designed to empower attendees to become more thoughtful consumers and lessen their impact on the environment by learning about sustainable, healthy and practical lifestyle products and services. For more information, visit [www.betterlivingshow.org](http://www.betterlivingshow.org).

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