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**AWAKENING THE DREAMER...CHANGING THE DREAM SYMPOSIUM
AT THE ENERGY TRUST BETTER LIVING SHOW MARCH 28, 2009**

PORTLAND, Ore. – March 11, 2009 – Everyone can make a difference. Consumers are invited to learn more at The Pachamama Alliance's 'Awakening the Dreamer...Changing the Dream' Symposium at The Energy Trust Better Living Show on Saturday, March 28 from 1 p.m. to 5 p.m. at the Portland Expo Center.

This symposium embraces the work for human rights, for the protection of our environment, for access to education, healthcare, housing and even food and water. In other words these are environmental sustainability, spiritual fulfillment and social justice.

According to The Pachamama Alliance, the world seems to be spinning ever faster toward disaster through climate change, warfare, disease, famine and financial meltdown. We could be forgiven for reacting with denial, despair or despondency...and some people are. Yet simultaneously the largest social movement in history is rising up to resist the forces causing these crises and to build a world that works sustainably for all life. The movement is arguably the biggest story of our age; how tens of millions of people in millions of organizations around the world are recognizing that our current ways are dysfunctional, they are seeing sustainable, peaceful and just alternatives and standing up for their visions. In many cases this means standing up to governments, corporations or the peer pressure that seeks to perpetuate or present worldview.

To register online and purchase tickets to the 'Awakening the Dreamer...Changing the Dream' Symposium, go to www.brownpapertickets.com/event/54798. For further details contact Nancy Panitch at npanitch@gmail.com or 503 645-2843.

About The Energy Trust Better Living Home, Garden & Lifestyle Show

Free and open to the public, The Energy Trust Better Living Show, the Northwest's largest sustainable lifestyle show, takes place Friday, March 27 from noon – 9 p.m.; Saturday, March 28 from 11 a.m. – 9 p.m.; and Sunday, March 29 from 11 a.m. – 5 p.m. at the Portland Expo Center. The Better Living Show is designed to empower attendees to become more thoughtful consumers and lessen their impact on the environment by learning about sustainable, healthy and practical lifestyle products and services. For more information, visit www.betterlivingshow.org.